



DOT Medical Exams

All commercial motor vehicle (CMV) drivers are required to have a Department of Transportation (DOT) Medical Examination every two years. This is part of your CDL (Commercial Drivers License) requirements. You must carry your DOT MEDICAL EXAM CARD with you while driving a commercial vehicle.

According to the Federal Motor Carrier Safety Administration, the Department of Transportation (DOT) physical examination must be conducted by a licensed "medical examiner" listed on the Federal Motor Carrier Safety Administration (FMCSA) National Registry. The term includes, but is not limited to, doctors of medicine (MD), doctors of osteopathy (DO), physician assistants (PA), advanced practice nurses (APN), and doctors of chiropractic (DC). **Carl Willeford, Jr., MSN, FNP-C**, is a duly licensed DOT Medical Examiner, and can administer the DOT Medical Examination for commercial motor vehicle drivers.

A DOT physical exam is valid for up to 24 months. The medical examiner may also issue a medical examiner's certificate for less than 24 months when it is desirable to monitor a condition, such as high blood pressure.

Please call Nacogdoches Family Medicine at 936-221-5138, to set up your DOT Medical Exam.

Recordkeeping

If the medical examiner finds that the person he/she examined is physically qualified to drive a commercial motor vehicle (CMV), the medical examiner will furnish one copy of the results to the person who was examined and complete a Medical Examiner's Certificate.